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## Edible Pyramid Good Eating Day Reve

**guidelines for healthy food and beverages for adolescent ...** - i am delighted to share with you these guidelines for healthy food and beverages for adolescent health programs, developed by the act for youth center of excellence for youth-serving **v plates, pyramids, planet - food and agriculture organization** - iv plates, pyramids, planet tables and figures box 1. characteristics of low environmental impact diets 1 consistent with good health table 1: summary of the main messages in the 3 **dry peas, lentils, chickpeas - northernpulse** - yellow pea flour (roasted) roasted yellow pea flour is well-suited for making more nutritious fl atbreads, tortillas, pita breads, crackers, cookies, energy bars and extruded snacks.

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